You and your child spend most of the day involved in daily routines and activities. These are some of the best times to encourage your child’s communication.

A few examples include:

- eating
- riding in the car
- bathing
- dressing
- doing laundry
- greeting someone at the door
- cooking
- brushing teeth
- changing diapers
- washing hands
- going to bed
- playing

To make these daily routines and activities into great communication times, try…

- Making the routine predictable so your child knows what is coming next
- Making the routine repetitive by trying to use the same words and actions each time
- Repeating the word every time you do the action
- Repeating the action over and over again
- Watching your child to see what part of the routine he or she likes to do best
- Using your voice and facial expression to make parts of the routine exciting
- Adding a new word or action