



FIRST WORDS Project Home Activity

Week 5

Infant Toddler Playgroups

Here are some recipes for you to try. During this week try making one of these substances together

and then play with it using the strategies we have discussed.

Play Dough

1 cup flour

$\frac{1}{2}$ cup salt

1 cup water

1 tablespoon cooking oil

1 tsp cream, of tartar

A few drops of food coloring

Cook over medium heat until mixture pulls away from side of pan.

Try rolling it out with orange juice containers or rolling pins and make shapes with cookie cutters. You could also try rolling it out and drawing on it with a dull stick or cutting it with a dull knife. Play dough and play clay can be refrigerated in a sealed plastic bag and re-used for about 3 months.

Oobleck

2 parts cornstarch to 1 part water

Add food coloring as desired

Oobleck is a great gooeey, non-toxic substance that is easy to clean and can provide hours of fun. At rest it is solid, but when scooped up or touched, it becomes fluid. It can run through your fingers, pour or passed through a strainer. It goes from hard to a semi-liquid. To clean you can rinse with soap and water. If it gets into carpet, allow it to dry and vacuum.

Play Clay

1 cup all-purpose flour

$\frac{1}{2}$ cup salt

$\frac{1}{2}$ cup very warm tap water

A few drops of food coloring

What sensory activity did you select?

- Play dough Play clay Oobleck Shaving cream Rice
 Beans Sand Cooked pasta Making cookies
 Finger paints Water Roughhouse play Other _____

What strategy did you use to encourage your child's communication?

- Sit face-to-face Talk about what my child is looking at or playing with
 Wait Had a goal for learning

How did your child respond to you?

Facial expressions _____

Gestures _____

Sounds _____

Words _____

Share an example of how you and your child played this week:

FIRST WORDS Project

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 Funding for the FIRST WORDS Project has been provided by the U.S. Department of Education
 Model Demonstration Grant (H324M980173) and the Jessie Ball duPont Fund.